

# REGISTRATION FORM



## 12th Annual 5K Race

**The Cause-** Proceeds from the Parker Pancake Run For Missions go to the Parker Memorial Baptist Church Missions Ministry which touches people around the world with the life-changing love of Jesus Christ.

**Course-** An exciting course in downtown Anniston that leads you through the picturesque beauty of Anniston, AL.

**Start-** Run starts at 8:00 AM behind Parker Memorial Baptist Church on Leighton Avenue in Anniston, AL. Church is located at 1205 Quintard Ave., Anniston AL 36201. Award Ceremony to follow in Christian Life Center.

**Register for three races for one low Price of \$54.00-**Greg Stone Memorial 5K, Anniston Lions 8K and Janney Furnace 5K (see below)

### March 2, 2024, 8:00 AM

**Entry Fee-\$25.00** before February 24 (\$3 Discount to ARC/WJR/GRC members and Parker Memorial members \$22)

**Race Day Registrations \$28.00** Race Day registration will be between 6:30 AM & 7:30 AM at Parker Memorial Christian Life Center. First 100 registrants will receive a Pancake Ticket to the Anniston Kiwanis Pancake Breakfast at the Anniston Meeting Center and a short sleeve race shirt on race day. After February 24 shirt is not guaranteed.

**Awards-** Top three male and female finishers will receive a unique award and will be exempt from winning their age category. Awards will be given to the top three winners in each category, male and female.

**Age Groups-** (Male and Female)

13 and under 14-19 20-29 30-39 40-49 50-59 60-69 70 & over

**For more information: Kim Sonnberger 256-419-2120**

**Dennis Dunn 256-310-0830**

**Food, fun, awards-bring the entire family!**

### Entry Form (Please Print)

Advance entry before February 24; Mail entry & \$25 or \$22 for ARC/Parker member. Make check payable to: Parker Memorial Baptist Church

Mail To: Greg Stone Memorial Pancake Run  
Parker Memorial Baptist Church  
P.O. Box 2104  
Anniston, AL 36202

☐ **Triple Play 2024 Register for all three for \$54**  
Greg Stone Pancake 5K March 2, Lions 8K Run For Sight April 20  
Janney Furnace 5K October 19

Male Female

T-Shirt Size Register before Feb 24 Small Medium Large XL XXL

**Greg Stone 5K Only** ☐ \$25 or ☐ \$22 ARC/Parker

**Name:** \_\_\_\_\_ **Birthdate** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Address:** \_\_\_\_\_ **E-mail** \_\_\_\_\_

**City/State/Zip** \_\_\_\_\_

**Note: Entry must be signed and dated below.**

### Release Form

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running or walking in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Parker Memorial Baptist Church, all race sponsors, their representatives, landowners and successors of this event from all claims or liabilities of any kind arising out of my participation in this event. Applicant hereby agrees to execute a liability waiver in favor of the Owners of the property where the race is scheduled to take place, prior to being allowed to participate in the race. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent's Signature (if under 18)** \_\_\_\_\_